

JAN ELEM 2024
MONDAY

TUESDAY

WEDNESDAY

KANAWHA COUNTY SCHOOLS
THURSDAY

FRIDAY

1 Happy New Year 2024	2 No school	3 Scrambled eggs, Wheat Toast Cereal, Yogurt, Fresh Fruit, Milk	4 MVP Donut, Fruit Smoothie Cereal, Fresh Fruit, Fruit Juice, Milk	5 School Made Cinnamon Roll Yogurt, Fresh Fruit, 100% Juice, Milk
8 Pancake on a Stick, Cereal, Yogurt Fruit, 100% Fruit Juice, Milk	9 Cheese Omelet Wrap, Wheat Toast Cereal Juice, Banana, Yogurt, Milk	10 Orange Dream Muffin, Cereal, Fruit Juice, Yogurt, Fruit, Milk and Water	11 Pancakes, Cereal, Fruit Juice, Fresh Fruit, Milk and Water	12 Cheese, Sausage and Egg Biscuit Cereal, Fruit Juice, Fruit, Yogurt, Milk
Baked WG Chicken Bites Macaroni and Cheese Blueberry Delight Steamed Honey Glazed baby carrots Garden and Fruit Bar Milk and Water	French Bread Cheese Pizza Parmesan Broccoli Florets, Frozen Sidekick Fresh Pepper Strips Garden Bar and Fruit Bar, Milk and Water	Honey Glazed Ham slice Au Gratin Cheddar Potatoes Applesauce, Green beans School Made Wheat Roll Garden and Fruit Bar Milk and Water	Breakfast for lunch: Scrambled Eggs, Sausage patties hash brown potato warm cinnamon apples, local salsa Sausage Gravy and Biscuit Garden and Fruit Bar Milk and Water	Chicken Fettuccini Alfredo Fresh Caesar Salad WG CROUTONS Strawberries w/ Topping, Peas and carrots, Warm Garlic Texas Toast slice Garden and Fruit Bar Milk and Water
15 No school	16 No school	17 Breakfast Pizza, Cereal, Fresh Fruit, Yogurt, Fruit Juice, Milk and Water	18 Bagel with cream Cheese Cereal, Fruit, Yogurt, Fruit Juice, Milk	19 French Toast Sticks, Sausage patty Cereal, Fruit Juice, Fresh Fruit, Yogurt, Milk
22 Apple Fritter, Cereal, Fruit Juice, Yogurt, Fresh Fruit, Milk and Water	23 Chicken Waffled Biscuit, Cereal, Yogurt, Fruit, Juice, Fruit, Milk	24 Sausage Biscuit, Fresh Fruit, Fruit Juice Milk	25 Egg, Canadian Bacon Cheese on English Muffin, Cereal, Juice, Fresh Fruit, Milk	26 Blueberry Bread, Yogurt Parfait Cereal, Fruit, Juice, Milk and Water
Breaded WG Chicken Nuggets Mashed Potatoes Seasoned Green beans School Made Roll Garden and Fruit Bar Milk and Water	Taco Tuesday: Beef, soft WG Tortilla cheese, tomato, lettuce, taco sauce, sour cream, Fresh Orange Slices Salsa and Corn Chips Mexicali Corn, Garden and Fruit Bar Milk and water	Mini WG Corn Dog Nuggets Crinkle Cut French Fries Honey Glazed Carrots, Pineapple WG Chocolate Chip Cookie Garden and fruit Bar Milk and Water	Powerhouse Chili WG cornbread Baked Potato Bar, Broccoli Chilled Peaches Garden and Fruit Bar Milk and Water	WG Pepperoni Roll Cheese Stick, Yogurt Cup Side Caesar Salad w/WG CROUTONS Frozen Fruit Cup Garden and Fruit Bar Milk and Water
29 Buttered Wheat Toast, Eggs, fruit juice, fresh fruit, cereal, milk and water	30 Purple Cow Fruit Smoothie, Cinnafuego Toast Crunch, Fruit, Fruit Juice, Cereal, Milk	31 Cooks Choice		
WG Cheese Pizza Wedge Fresh Garden Side Salad Fresh Carrot and Celery Sticks Fruit Cocktail Garden and Fruit Bar Milk and Water	Teriyaki Chicken Bites Vegetable Dumplings, Fried Rice Crunchy Asian Coleslaw, egg roll Mandarin oranges Garden and Fruit Bar Milk and Water	Spaghetti and Meatballs Steamed Parmesan Broccoli Florets Italian Cheese and garlic Bread Pineapple Chunks Celebration Cake and Ice Cream Garden and Fruit Bar Milk and water		

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
To file a complaint of discrimination, write USDA, Department of Agriculture, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY).
USDA is an equal opportunity provider and employer.